

MacDon Industries Ltd. Wins Healthy Living Award

Submitted by Heather Horton

The eighth annual Reh-Fit Centre Foundation Healthy Living Awards were presented on April 6, 2006 at the Fairmont Hotel. Employees of MacDon were present at the awards ceremony and were surprised to learn that we had won the Healthy Living Award in the business category.

The Reh-Fit Centre Foundation Healthy Living Awards are a celebration of the people in our community who promote and encourage healthy active living. The awards are presented to individuals, businesses, associations or organizations who are serving as positive role models for the benefit of health conscious adults. The awards are also presented to those making outstanding contributions in the areas of personal health and fitness leadership through assessment, education, exercise and encouragement.

The Reh-Fit Centre Awards Selection Committee was impressed by MacDon's commitment to helping employees maintain their health and well being. The MacDon "You" seminars, the Wellness Expo and our support of the fitness activities of MacDon employees were just a few of the many reasons cited for MacDon achieving this award.

Many employees have played an important role in health, safety and wellness at MacDon. Whether it is by volunteering on the Safety Committee, participating in sporting events or contributing their personal resources to groups and associations; all of these activities play a part in contributing to wellness in the workplace.

Congratulations to MacDon for this achievement and thank you to the Reh-Fit Centre for giving us this recognition.



L-R: Dave Scott, Agnes Cropp, Heather Horton, Barry Tildsley, Chad Morrison, Joanna MacDonald, Daren Cormack, Peter Goodman and Jeff Hillock.





Dave Scott, Safety and Security Officer and wife Maureen.



Heather Horton, Director of Human Resources accepting the award.



Peter Goodman, Director of Manufacturing and wife Sylvia.



Jeff Hillock, Worker Co-Chair MacDon Safety and Health Comittee and wife Laurie.